



Assisted living,
long-term care and
memory care in
Lakin, KS

High Plains Retirement Village at Kearny County Hospital

High Plains Retirement Village is a welcoming, home-like community that provides a full range of professional nursing services for assisted living and long-term care, as well as memory care. Our mission is to provide quality, compassionate healthcare services for our community to enrich the lives of our families, friends and neighbors.

Assisted Living

For people who enjoy being active but may need some additional support with routine tasks, we offer our assisted living services. Residents receive support as needed in their own apartment while having access to whatever activities and amenities they find interesting. We are here to encourage independence and choice in a caring, comfortable environment. Our assisted living residents may choose from studio, one-bedroom

or two-bedroom private apartments on South East Country Lane or North Circle Lane, the cozy halls in the assisted living wing. Ranging from 355 to 900 square feet, our apartments offer the following features:

- ✓ Secure entrance, accessed internally
- ✓ Emergency call system
- ✓ Mobility equipment accommodated
- ✓ Fully equipped kitchens and kitchenettes
- ✓ Handicap-accessible bathrooms and appliances
- ✓ Individual thermostats for personal comfort

Long-Term Care

Our long-term care services, found in the Cherry Creek wing, provide a higher level of personalized assistance with activities of daily living, with additional staff and support. We offer specialized, individual care to enhance quality of life, with activities based on the residents' interests, cognition and physical abilities. In addition, we prioritize open and consistent one-on-one communication with residents and their families.



Long-term care residents may have a private or semi-private room, depending on preference and availability. Our assisted living and long-term care amenities include the following:

- ✓ Well-balanced meals designed by a registered dietitian
- ✓ Welcoming dining areas, community living room and library
- ✓ Common areas available 24/7 for family gatherings
- ✓ Raised garden beds
- ✓ In-house beauty services
- ✓ Sunday religious/spiritual activities
- ✓ Attached screened-in porch (assisted living) or outdoor patio (long-term care)

Memory Care

Caring for someone with Alzheimer's disease or dementia requires patience, expertise and customized treatment. Specialized staff at High Plains provide personal care that enhances the quality of life for each community member. Our memory care staff undergoes training and continuing education every three months to stay updated on best practices and providing outstanding dementia-capable care.

We prioritize a safe environment for all our community members while allowing them to maintain their dignity and respect. Our memory care residents live alongside our long-term care residents in an integrated neighborhood model designed to enhance the quality of life for the entire High Plains community. This integrated care approach maximizes each individual's level of functionality and minimizes frustration. Activities are based on the residents' interests, cognition and physical abilities, focusing more on the individual as opposed to a set schedule.

Standard services for assisted living, long-term care and memory care at High Plains include 24-hour skilled nursing staff, mail delivery, free laundry facilities, physical therapy and maintenance services. Utilities are provided, and basic TV services and internet are available. Kearny County Hospital, a doctor's office, a dental clinic and a pharmacy are also conveniently located within the facility.



Oasis Day Program

High Plains offers an adult day care program for seniors, with a variety of engaging activities to socialize and stimulate the mind and body. The Oasis Day Program is private pay with flexible hours for your family's convenience.

A Place to Call Home

Our community members reside in the same connected facility with access to services, amenities and care tailored to their specific needs. Secured doorways and alarms throughout the building provide safety and security for all our residents. At High Plains Retirement Village, we offer the independence you desire and the support you need, providing peace of mind for the whole family. Get in touch with us today to learn more.

