

# Ginger's Hope and Wichita Diabetes & Endocrinology

have partnered together to bring  
Comprehensive Diabetes Education  
to Grant County, Kansas

Here's what you will learn.....

## Class Session 1 - March 30th

Module 1: Introduction to Diabetes &  
Prediabetes

Module 2: Healthy Eating

## Class Session 2 - March 31st

Module 1: Being Active

Module 2: Medication

Module 3: Monitoring

Module 4: Reducing Risks

Module 5: Problem Solving

Module 6: Healthy Coping

## Mark Your Calendars!

March 30th, 2022

12:00PM - 4:00PM

and

March 31st, 2022

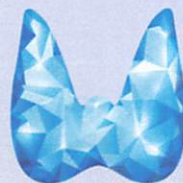
9:00AM - 12:00PM

Lunch & snacks will be provided  
on the 30th.

Snacks will be provided on the  
31st. Please eat breakfast before  
you come.

## Things to know.....

- Class is accredited by ADCES (Association of Diabetes Care & Education Specialists)
- Classes will be held in the training room at Grant Co. Fire Department, Ulysses, KS
- You must register for the class before March 20th by calling 620-575-5779
- This class is normally valued at \$250.00 but it is being offered to you for a \$25 donation to Ginger's Hope



Wichita Diabetes  
& Endocrinology LLC