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*Week of July 6th 2020, Issue 7*

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Be still and know that I am with you. —Psalm 46:10

## *High Plains Retirement Village and Assisted Living*



## *current topics >>>*

### *Staying Connected*

We have many ways for families to stay connected:

- Video Chats
- Phone Calls
- Window Visits

Notify Life Enhancement Staff of how you would like to stay connected, and they will assist in making sure that you are able to visit with our residents.

We do ask during window visits that windows stay closed unless visitors and residents both wear a mask and are at least six feet apart.



## *COVID-19 UPDATE*

### *PHASE 3:*

After careful consideration with Kearny County Health Officials, it was determined that High Plains Retirement Village and Assisted Living remain in Step 1 of Phase 3 for one more week. Step 1 will continue through the week of July 13<sup>th</sup>. Step 1 of Phase 3 is outlined below. Outside visits will still be able to continue following screening guidelines.

Please remember that if you come to visit with residents, whether it is an inside or outside visit, you need to wear a mask. If you are unable to wear a mask we will be unable to let any type of visit occur.

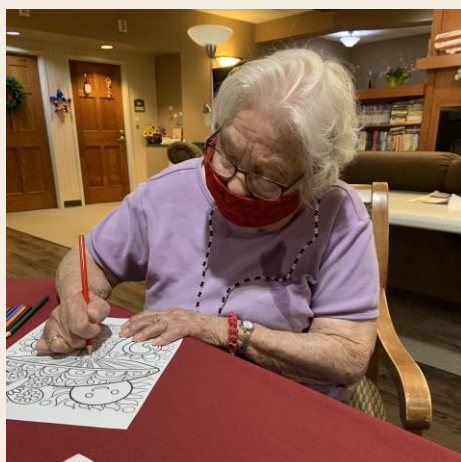
On July 7<sup>th</sup> we received a COVID-19 Infection Control Survey in LTC. All Long Term Care facilities in Kansas are receiving these specific surveys. We are proud to report that they found no deficiencies.

# Assisted Living News

Goodbye is so hard to say.

This week we said see you later to Connie Cummings. After many years with Kearny County Hospital, she has decided to retire. We will greatly miss her and hope we can find someone to fill her shoes.

The atmosphere has definitely changed with visitors able to enter. This last week we have been busy with Bingo, manicures, and morning exercises.





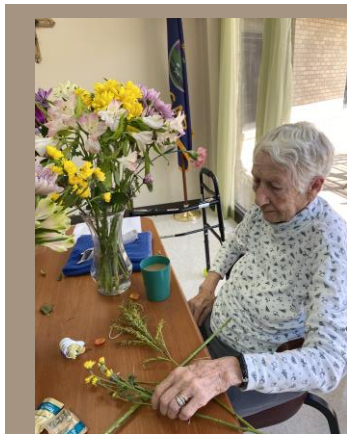
# Long Term Care

The 4<sup>th</sup> of July was a ton of fun watching fireworks. In the last week residents have finished up a summer painting project. Residents have been working hard to keep the weeds at bay in the flower beds. Dime Bingo brought quite the crowd on the 6<sup>th</sup>. Ice cream outings have become a must as the days warm up to keep everyone cool.



## Willow River Dementia Neighborhood

After breakfast, before it gets too hot, residents have been going outside for morning stretches and yoga. In the afternoon, residents have been working on summer painting projects. The evenings are filled with sensory activities such as massages.



## Phase 3

In Phase 3 visitation will be able to occur. We will be implementing Phase 3 in a two step process. Phase 3 Step 1 visitation will occur with the following guidelines:

1. Each Resident will be allowed two (2) visitors for the first 14 days of Phase 3. These two visitors will remain the same throughout Phase 3, Step 1.
2. Only one (1) visitor per Resident will be able to enter into the facility at a time.
3. Visiting hours will be from 8:30 am to 8:30 pm
4. All visitors will be screened upon entrance into the facility. The screening includes:
  - a. Hand hygiene must be completed upon entrance
  - b. Questions about the signs and symptoms of COVID-19
  - c. Temperature check
5. All visitors will be required to wear a mask or cloth face covering during visit
6. Social distancing during the visit will be encouraged
7. No visitors under the age of 12

If you do not pass the screening, you will be asked not to visit at this time. If you refuse to wear a face mask or cloth covering, you will be asked not to visit at this time.

All visitation will occur in the Residents room/apartments and not in common areas.

When a visitor is ready to leave, staff will be notified by either the call light system or in Assisted Living by calling the staff phones. Staff will assist visitors out.

Residents are encouraged to wear a mask during visits

At anytime if there is a new onset case of COVID-19 or a trend in positive cases increases in Kearny County, the facility may go back to the HIGHEST level of mitigation.

Any questions please contact us.

# finalthoughts...



## Coronavirus Disease 2019 (COVID-19)

### General questions on COVID-19



KDHE HOTLINE NUMBER:

**866-534-3463**

(866-KDHEINF)

Monday – Friday: 8:30 a.m. – 5 p.m.

Email: [COVID-19@ks.gov](mailto:COVID-19@ks.gov)

If you are a Local Health Department or provider needing to speak with someone about a patient, call the KDHE Epidemiology Hotline at 877-427-7317.

For more information on COVID-19 in Kansas, visit [www.kdheks.gov/coronavirus](http://www.kdheks.gov/coronavirus). If you develop symptoms, please contact your local health department or KDHE's 24/7 Epidemiology Hotline at 877-427-7317.



## Office of the Long-Term Care Ombudsman



*Reaching Out For Quality Care*

### Long-Term Care Ombudsman Office

900 SW Jackson, Suite 1041

Topeka, Kansas 66612

(785) 296 - 3017

(877) 662 - 8362 Toll FREE

<https://ombudsman.ks.gov/home>

An Ombudsman (awm-budz-man) is an advocate for people who live in long-term care facilities. This includes people residing in nursing homes, assisted living facilities, board and care homes, home plus facilities, adult day care centers, and residential health care facilities. Kansas' Long-Term Care Ombudsman Program is a resident-centered program designed to advocate for the civil and human rights of individuals and give a voice to those who might otherwise go unheard.



### Our Mission

Our mission is to advocate for the well-being, safety, and rights of Kansas long-term care residents by assisting them in attaining the highest possible quality of life



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High Plains Retirement Village and  
Assisted Living.