

in this issue >>>

Week of May 18th 2020, Issue 3

COVID-19 Update

Assisted Living

Long Term Care

Final Thoughts



KEEP LOOKING UP, THAT'S THE SECRET OF LIFE. —Charlie Brown

High Plains Retirement Village and Assisted Living



current topics >>>

Staying Connected

We have many ways for families to stay connected:

- Video Chats
- Phone Calls
- Window Visits

Notify Life Enhancement Staff of how you would like to stay connected, and they will assist in making sure that you are able to visit with our residents.

We do ask during window visits that windows stay closed unless visitors and residents both wear a mask and are at least six feet apart.



COVID-19 UPDATE

May 18, 2020

To Our Residents and Family Members:

We want to inform you that we have received confirmation that a resident at **Assisted Living** was diagnosed with COVID-19. Our team met promptly upon being notified of the test results and isolation measures were taken immediately.

Resident safety is our top priority.

We are doing everything we can to ensure we stop the spread of COVID-19 within **Assisted Living**. To ensure resident safety, residents and staff have been tested, and we are waiting for results. If your loved one is diagnosed with COVID-19, we will contact you immediately. We are staying in very close communication with our medical director, Dr. Miller, and local and state health officials to ensure we are taking all the appropriate steps.

We also understand that connecting with family members is incredibly important, and we encourage phone calls and video conferences with your family member. For more information, you may call our center at 620 355 7836 for updates on the status of your loved one.

High Plains Retirement Village and Assisted Living continue to restrict access; no visitors are allowed.

We need your help in battling COVID-19. Please visit the Centers for Disease Control and Prevention (CDC) website to learn how you can help prevent the spread in our community.

We know this is a difficult time for everyone. We will continue to provide you with updates as they become available.

If you have questions, contact information follows:

Mary Chipley, Director of Nursing

607 Court Pl.

Lakin, KS 67860

(620) 355-7836

Sincerely,

David Hofmeister, CEO

Assisted Living News

Keeping Busy.

It is that time of year again and everyone in Assisted Living has been busy getting the raised garden beds ready for planting. The mornings have been absolutely beautiful outside. Residents are taking advantage of the warm weather and are doing morning exercises outside. On Wednesday, we will be doing a huge ice cream bar that will be delivered to everyone's room.

The HPRV/Assisted Living Cruise was so fun and it was great getting to see everyone.

Rita Stockton and Pastor Chris McFadden have started to do church services on Sundays outside for all residents to enjoy from either the screened in porch or their rooms.





Long Term Care

Nursing Home Week came to an end on Friday with our cruise. It was so much fun and it was great to get to wave at everyone. For more pictures please visit our Facebook page. This week we have been enjoying our warm weather outside.

Robert Zubeck is getting tomatoes and jalapenos planted so all residents will be able to enjoy fresh vegetables.

Residents continue to be monitored for signs and symptoms of COVID-19 on a daily basis.



Willow River Dementia Neighborhood

This week in Willow River outdoor activities are our main focus. Bubble therapy has been an exciting activity that promotes range of motion. Walking Club has resumed now that we haven't had any rain. We will be doing watermelon slushes, musical crafts, and outdoor exercises as the week progresses. We are asking for donations of flowers for residents to plant in our flower beds.



finalthoughts...

Have A Safe And Fun Memorial Day



COVID 19
CORONAVIRUS
DISEASE

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

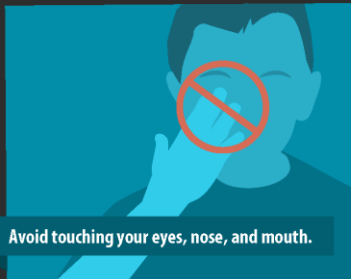
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/COVID19

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Symptoms of Coronavirus (COVID-19)

Your symptoms can include the following:

Fever



If you have COVID-19, you may have mild (or no symptoms) to severe illness. Symptoms can appear 2-14 days after you are exposed to the virus that causes COVID-19.

Cough



Shortness of breath



Seek medical attention immediately if you or someone you love has **emergency warning signs**, including:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or not able to be woken
- Bluish lips or face

This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.



cdc.gov/coronavirus

Questions or Concerns? Please Contact Us:

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Assisted Living.